

Solution 1.3
Griffiths 1.3

Problem 1: Solving the Harmonic Oscillator

Solving the differential equation form of the time-independent Schrödinger equation for the eigenstates of the harmonic oscillator Hamiltonian in 1D requires solving a second order differential equation. By using operator algebra, it is possible to simplify the solution to this problem.

The 1D harmonic oscillator is described by the Hamiltonian

$$H = \frac{P^2}{2m} + \frac{m}{2}\omega^2 X^2. \quad (1)$$

Define the unitless variables

$$x = \frac{X}{\lambda}, \quad p = \frac{\lambda}{\hbar}P, \quad \lambda = \sqrt{\frac{\hbar}{m\omega}}. \quad (2)$$

such that the Hamiltonian has the form

$$H = \frac{\hbar\omega}{2} (p^2 + x^2). \quad (3)$$

Note that x and p are conjugate observables, $[x, p] = i$

(a) [2 pt] Using the harmonic oscillator operators

$$\hat{a} = \frac{1}{\sqrt{2}}(x + ip), \quad \hat{a}^\dagger = \frac{1}{\sqrt{2}}(x - ip), \quad \hat{n} = \hat{a}^\dagger \hat{a}, \quad (4)$$

and their commutation relations, show that the Hamiltonian can be written as

$$H = \hbar\omega(\hat{n} + \frac{1}{2}). \quad (5)$$

(b) [2 pts] Define the eigenstates of the operator \hat{n} :

$$\hat{n}|n\rangle = n|n\rangle, \quad (6)$$

with n some (unitless) numbers. Use the operator commutation relations to show that

$$\begin{aligned} \hat{a}|n\rangle &= c(n)|n-1\rangle \\ \hat{a}^\dagger|n\rangle &= d(n)|n+1\rangle. \end{aligned} \quad (7)$$

Derive expressions for $c(n)$ and $d(n)$. Show your work.

(c) [3 pts] The potential, $V(x) = \frac{\hbar\omega}{2}x^2 \geq 0$ for all x . Explain why this implies that:

1. The eigenenergies of the Harmonic Oscillator must be positive
2. The eigenvalues of \hat{n} must be non-negative integers
3. There is a lowest eigenstate of \hat{n} , $|0\rangle$ defined by $\hat{a}|0\rangle = 0$.

(d) [2 pts] Show that results above define a first order differential equation in X that can be solved for the ground state harmonic oscillator wavefunction $\psi_0(X)$. Determine this equation and solve for this wavefunction.

(e) [1 pt] Use the result from (e) and the operators to determine the first excited state wavefunction for the harmonic oscillator, $\psi_1(X)$.

(a)

We know

$$H = \frac{\hbar\omega}{2} (p^2 + x^2),$$

So we want to write x and p in terms of \hat{a} and \hat{a}^\dagger . We have

$$\hat{a} = \frac{1}{\sqrt{2}} (x + ip)$$

$$\hat{a}^\dagger = \frac{1}{\sqrt{2}} (x - ip),$$

so

$$\sqrt{2}\hat{a} = x + ip, \quad \sqrt{2}\hat{a}^\dagger = x - ip$$

$$x = \sqrt{2}\hat{a}^\dagger + ip$$

$$\sqrt{2}\hat{a} = (\sqrt{2}\hat{a}^\dagger + ip) + ip$$

$$p = \frac{-i(\hat{a} - \hat{a}^\dagger)}{\sqrt{2}}$$

and

$$\sqrt{2}\hat{a} = x + ip, \quad \sqrt{2}\hat{a}^\dagger = x - ip$$

$$ip = x - \sqrt{2}\hat{a}^\dagger$$

$$\sqrt{2}\hat{a} = x + (x - \sqrt{2}\hat{a}^\dagger)$$

$$x = \frac{\hat{a} + \hat{a}^\dagger}{\sqrt{2}}$$

Then

$$H = \frac{\hbar\omega}{2} \left[\left(\frac{-i(\hat{a} - \hat{a}^\dagger)}{\sqrt{2}} \right)^2 + \left(\frac{\hat{a} + \hat{a}^\dagger}{\sqrt{2}} \right)^2 \right]$$

$$= \frac{\hbar\omega}{2} \left[-\frac{1}{2}(\cancel{\hat{a}\hat{a}} - \hat{a}\hat{a}^\dagger - \hat{a}^\dagger\hat{a} + \cancel{\hat{a}^\dagger\hat{a}^\dagger}) + \frac{1}{2}(\cancel{\hat{a}\hat{a}} + \hat{a}\hat{a}^\dagger + \hat{a}^\dagger\hat{a} + \cancel{\hat{a}^\dagger\hat{a}^\dagger}) \right]$$

$$= \frac{\hbar\omega}{2} \left[\frac{1}{2}\hat{a}\hat{a}^\dagger + \frac{1}{2}\hat{a}^\dagger\hat{a} + \frac{1}{2}\hat{a}\hat{a}^\dagger + \frac{1}{2}\hat{a}^\dagger\hat{a} \right]$$

$$= \frac{\hbar\omega}{2} [\hat{a}\hat{a}^\dagger + \hat{a}^\dagger\hat{a}]$$

(a), cont'd...

We know

$$[\hat{a}, \hat{a}^+] = 1,$$

so

$$\hat{a}\hat{a}^+ - \hat{a}^+\hat{a} = 1$$

$$\hat{a}\hat{a}^+ = \hat{a}^+\hat{a} + 1$$

and

$$H = \frac{\hbar\omega}{2} [(\hat{a}^+\hat{a} + 1) + \hat{a}^+\hat{a}]$$

$$= \frac{\hbar\omega}{2} [2\hat{a}^+\hat{a} + 1]$$

$$H = \hbar\omega \left(\hat{a}^+\hat{a} + \frac{1}{2} \right).$$

But

$$\hat{n} = \hat{a}^+\hat{a},$$

so

$$H = \hbar\omega \left(\hat{n} + \frac{1}{2} \right),$$

as expected.

(b)

We are given

$$\hat{n}|n\rangle = n|n\rangle.$$

We also have

$$\begin{aligned} [\hat{n}, \hat{a}^+] &= [\hat{a}^+ \hat{a}, \hat{a}^+] \\ &= \hat{a}^+ \hat{a} \hat{a}^+ - \hat{a}^+ \hat{a}^+ \hat{a} \\ &= \hat{a}^+ (\hat{a} \hat{a}^+ + 1) - \hat{a}^+ \hat{a}^+ \hat{a} \\ &= \hat{a}^+ \hat{a} \hat{a}^+ + \hat{a}^+ - \hat{a}^+ \hat{a}^+ \hat{a} \\ &= \hat{a}^+. \end{aligned}$$

We want to show

$$\hat{a}^+|n\rangle = d(n)|n+1\rangle.$$

We have

$$\begin{aligned} \hat{n} \hat{a}^+|n\rangle &= ([\hat{n}, \hat{a}^+] + \hat{a}^+ \hat{n})|n\rangle \\ &= (\hat{a}^+ + \hat{a}^+ \hat{n})|n\rangle \\ &= (n+1) \hat{a}^+|n\rangle \end{aligned}$$

This implies that $\hat{a}^+|n\rangle$ is an eigenstate of \hat{n} with eigenvalue $(n+1)$. Since \hat{n} applied to a state returns the number associated with the state, we know that we must have

$$\hat{a}^+|n\rangle = d(n)|n+1\rangle, \quad (2)$$

where $d(n)$ is some constant that depends on n .

(b), cont'd...

Similarly, we have

$$\begin{aligned} [\hat{n}, \hat{a}] &= [\hat{a}^\dagger \hat{a}, \hat{a}] \\ &= \hat{a}^\dagger \hat{a} \hat{a} - \hat{a} \hat{a}^\dagger \hat{a} \\ &= (\hat{a} \hat{a}^\dagger - 1) \hat{a} - \hat{a} \hat{a}^\dagger \hat{a} \\ &= \hat{a} \hat{a}^\dagger \hat{a} - \hat{a} - \hat{a} \hat{a}^\dagger \hat{a} \\ &= -\hat{a}. \end{aligned}$$

We want to show

$$\hat{a}|n\rangle = c(n)|n-1\rangle.$$

We have

$$\begin{aligned} \hat{n} \hat{a}|n\rangle &= ([\hat{n}, \hat{a}] + \hat{a} \hat{n})|n\rangle \\ &= (-\hat{a} + \hat{a} \hat{n})|n\rangle \\ &= (n-1)\hat{a}|n\rangle. \end{aligned}$$

This implies

$$\hat{a}|n\rangle = c(n)|n-1\rangle, \quad (1)$$

where $c(n)$ is a constant that depends on n .

(b), cont'd...

Taking the complex conjugate of each side in ①, we get

$$\langle n | \hat{a}^\dagger \hat{a} | n \rangle = |c(n)|^2 \langle n-1 | n-1 \rangle.$$

Since the eigenstates are orthonormal, we have

$$\langle n | \hat{a}^\dagger \hat{a} | n \rangle = |c(n)|^2.$$

but

$$\hat{n} = \hat{a}^\dagger \hat{a}$$

and

$$\hat{n} | n \rangle = n | n \rangle,$$

so

$$\begin{aligned} \langle n | \hat{n} | n \rangle &= |c(n)|^2 \\ \langle n | n | n \rangle &= |c(n)|^2 \\ n \langle n | n \rangle &= |c(n)|^2 \\ n &= |c(n)|^2 \end{aligned}$$

and

$$c(n) = \sqrt{n}.$$

Then

$$\boxed{\hat{a} | n \rangle = \sqrt{n} | n-1 \rangle}.$$

(b), cont'd...

Taking the complex conjugate of each side in (2), we get

$$\langle n | \hat{a} \hat{a}^\dagger | n \rangle = |d(n)|^2 \langle n+1 | n+1 \rangle$$

$$\langle n | (\hat{a}^\dagger \hat{a} + 1) | n \rangle = |d(n)|^2$$

$$\langle n | \hat{a}^\dagger \hat{a} | n \rangle + \langle n | 1 | n \rangle = |d(n)|^2$$

$$\langle n | \hat{n} | n \rangle + \langle n | n \rangle = |d(n)|^2$$

$$\langle n | n | n \rangle + 1 = |d(n)|^2$$

$$n \langle n | n \rangle + 1 = |d(n)|^2$$

$$n+1 = |d(n)|^2$$

$$d(n) = \sqrt{n+1},$$

so

$$\boxed{\hat{a}^\dagger | n \rangle = \sqrt{n+1} | n+1 \rangle}$$

(c)

We know

$$V(x) = \frac{\hbar\omega}{2} x^2 \geq 0.$$

This implies that the eigenenergies must be positive because we know that the kinetic energy cannot be negative.

It also implies that the eigenvalues of \hat{n} are positive because

$$V(x) = \frac{\hbar\omega}{2} \left(\frac{\hat{a} + \hat{a}^\dagger}{2} \right)^2 \geq 0$$

$$= \frac{\hbar\omega}{4} (\hat{a}\hat{a} + \hat{a}\hat{a}^\dagger + \hat{a}^\dagger\hat{a} + \hat{a}^\dagger\hat{a}^\dagger) \geq 0$$

$$V(x)|n\rangle = \frac{\hbar\omega}{4} (\hat{a}\hat{a} + \hat{a}\hat{a}^\dagger + \hat{a}^\dagger\hat{a} + \hat{a}^\dagger\hat{a}^\dagger)|n\rangle$$

$$= \frac{\hbar\omega}{4} [\hat{a}\sqrt{n}|n-1\rangle + \hat{a}\sqrt{n+1}|n+1\rangle + \hat{a}^\dagger\sqrt{n}|n-1\rangle + \hat{a}^\dagger\sqrt{n+1}|n+1\rangle]$$

$$= \frac{\hbar\omega}{4} [\sqrt{n(n-1)}|n-2\rangle + (n+1)|n\rangle + (n)|n\rangle + \sqrt{(n+1)(n+2)}|n+2\rangle]$$

$$= \frac{\hbar\omega}{4} [\sqrt{n(n-1)}|n-2\rangle + (2n+1)|n\rangle + \sqrt{(n+1)(n+2)}|n+2\rangle]$$

In order for this to be ≥ 0 , the eigenvalues of \hat{n} must be positive. This also shows us that the lowest value of n is zero. If we allowed $| -1 \rangle$, we would have

$$\begin{aligned} \hat{a}^\dagger | -1 \rangle &= (-1+1)|0\rangle \\ &= 0, \end{aligned}$$

which makes no sense. So $|0\rangle$ must be our lowest eigenstate.

(d)

Let $|0\rangle = \psi_0$. Then

$$\hat{a} \psi_0 = 0$$

$$\frac{1}{\sqrt{2}} (x + ip) \psi_0 = 0$$

$$\frac{1}{\sqrt{2}} \left(\frac{X}{\lambda} + i \frac{\lambda}{\hbar} P \right) \psi_0 = 0$$

$$\frac{1}{\sqrt{2}} \left(\sqrt{\frac{m\omega}{\hbar}} X + i \frac{\lambda}{\hbar} (-i\hbar \frac{d}{dX}) \right) \psi_0 = 0$$

$$\left(\sqrt{\frac{m\omega}{\hbar}} X + \sqrt{\frac{\hbar}{m\omega}} \frac{d}{dX} \right) \psi_0 = 0$$

$$\boxed{\frac{d\psi_0}{dX} = -\frac{m\omega}{\hbar} X \psi_0}$$

and

$$\int \frac{1}{\psi_0} d\psi_0 = \int -\frac{m\omega}{\hbar} X dX$$

$$\ln \psi_0 = -\frac{m\omega}{2\hbar} X^2 + C_1$$

$$\psi_0 = C e^{-\frac{m\omega}{2\hbar} X^2}$$

where C is a constant. Normalizing...

$$\int |\psi_0|^2 dx = 1$$

$$C^2 \int e^{-\frac{m\omega}{\hbar} X^2} dx = 1$$

$$C^2 \left(\sqrt{\frac{\pi\hbar}{m\omega}} \right) = 1$$

$$C = \left(\frac{m\omega}{\pi\hbar} \right)^{1/4}$$

so

$$\boxed{\psi_0(x) = \left(\frac{m\omega}{\pi\hbar} \right)^{1/4} e^{-\frac{m\omega}{2\hbar} X^2}}$$

(e)

We know $|1\rangle = \psi_1 = a^+ \psi_0$. So

$$\begin{aligned}\psi_1 &= a^+ \psi_0 \\ &= \frac{1}{\sqrt{2}} (x - i p) \psi_0 \\ &= \frac{1}{\sqrt{2}} \left(\frac{x}{\lambda} - i \frac{\lambda}{\hbar} p \right) \psi_0 \\ &= \frac{1}{\sqrt{2}} \left(\sqrt{\frac{m\omega}{\hbar}} x - \frac{i}{\sqrt{m\omega\hbar}} (-i\hbar \frac{d}{dx}) \right) \psi_0 \\ &= \sqrt{\frac{m\omega}{2\hbar}} x \psi_0 - \sqrt{\frac{\hbar}{2m\omega}} \frac{d\psi_0}{dx} \\ &= \sqrt{\frac{m\omega}{2\hbar}} x \psi_0 - \sqrt{\frac{\hbar}{2m\omega}} \left(\frac{m\omega}{\pi\hbar} \right)^{1/4} \left(-\frac{m\omega}{\hbar} x e^{-\frac{m\omega}{2\hbar} x^2} \right) \\ &= \sqrt{\frac{m\omega}{2\hbar}} x \psi_0 + \sqrt{\frac{m\omega}{2\hbar}} x \psi_0\end{aligned}$$

$$\boxed{\psi_1(x) = \sqrt{\frac{2m\omega}{\hbar}} x \left(\frac{m\omega}{\pi\hbar} \right)^{1/4} e^{-\frac{m\omega}{2\hbar} x^2}}$$