

6.2: The Golden Rule

- I. Introduction
 - a. Erin introduced basic physical quantities necessary to calculate decay rates and scattering cross sections
 - i. Amplitude M for process
 1. Contains all dynamical information
 2. Calculated by evaluating Feynman diagrams using Feynman rules
 - ii. Phase space available
 1. Contains kinematical information
 - a. Depends on masses, energies and momenta
 - b. Reflects the fact that a given process is more likely to occur given larger phase space factor than smaller phase space factor
 - b. Fermi's Golden Rule is a way to calculate the transition rate from a discrete energy eigenstate into a continuum of energy eigenstates

$$\text{Transition rate} = \frac{2\pi}{\hbar} |M|^2 \times (\text{phase space})$$

- II. Golden Rules for Decay
 - a. Consider particle 1 decays into several particles 2, 3, 4, ..., n

$$1 \rightarrow 2 + 3 + 4 + \dots + n \quad (I)$$

- b. Differential decay rate is given by

$$d\Gamma = |M|^2 \frac{S}{2\hbar m_1} \left[\left(\frac{cd^3\vec{p}_2}{(2\pi)^3 2E_2} \right) \left(\frac{cd^3\vec{p}_3}{(2\pi)^3 2E_3} \right) \dots \left(\frac{cd^3\vec{p}_n}{(2\pi)^3 2E_n} \right) \right] \quad (II)$$

$$\times (2\pi)^4 \delta^4(p_1 - p_2 - \dots - p_n)$$

- i. $p_i = \left(\frac{E_i}{c}, \vec{p}_i \right) = 4\text{-momentum}$ and contains mass so

$$E_i^2 - \vec{p}_i^2 c^2 = m_i^2 c^4$$
- ii. Delta function enforces conservation of energy and momentum
- iii. Decaying particle presumed to be at rest, so $p_1(m_1 c, \vec{0})$
- iv. S is a product of statistical factors: $1/j!$ for each group of j identical particles in the final state

- v. Determines decay in which the 2-momentum of particle 2 lies in the range $d^3\vec{p}_2$ about the value \vec{p}_2 and so on
- c. Integrate over all outgoing momenta to get total decay rate Γ for mode in question (Eqn. I)
 - i. Consider the case where there are only 2 particles in the final state
 - ii. The total decay rate is

$$\Gamma = \frac{S}{\hbar m_1} \left(\frac{c}{4\pi} \right)^2 \frac{1}{2} \int \frac{|M|^2}{E_2 E_3} \delta^4(p_1 - p_2 - p_3) d^3\vec{p}_2 d^3\vec{p}_3$$

1. Amplitude M is a function of \vec{p}_2 and \vec{p}_3
2. Can solve integral explicitly without knowing functional form of M

d. Example 6.5:

- i. Special case where decay products are massless
- ii. Particle of mass m decays into two massless particles (say, $\pi^0 \rightarrow \gamma + \gamma$)
- iii. Let the amplitude for the process be $M(\vec{p}_2, \vec{p}_3)$
- iv. Rewrite delta function using the fact that $E_1 = mc^2$ and $\vec{p}_1 = \vec{0}$

$$p_1 = \left(\frac{E_1}{c}, \vec{0} \right) = \frac{mc^2}{c} = mc$$

$$p_2 = \left(\frac{E_2}{c}, \vec{p}_2 \right)$$

$$p_3 = \left(\frac{E_3}{c}, \vec{p}_3 \right)$$

$$\delta^4(p_1 - p_2 - p_3) = \delta\left(mc - \frac{E_2}{c} - \frac{E_3}{c}\right) \delta^3(-\vec{p}_2 - \vec{p}_3)$$

- v. But $m_2 = m_3 = 0 \Rightarrow E_2 = |\vec{p}_2|c, E_3 = |\vec{p}_3|c$, so we have

$$\delta\left(mc - \frac{E_2}{c} - \frac{E_3}{c}\right) = \delta(mc - |\vec{p}_2| - |\vec{p}_3|)$$

- vi. The decay rate is

$$\begin{aligned} \Gamma &= \frac{S}{\hbar m} \left(\frac{c}{4\pi} \right)^2 \frac{1}{2} \frac{1}{c^2} \int \frac{|M|^2}{|\vec{p}_2||\vec{p}_3|} \times \delta(mc - |\vec{p}_2| - |\vec{p}_3|) \delta^3(-\vec{p}_2 - \vec{p}_3) d^3(\vec{p}_2) d^3(\vec{p}_3) \\ &= \frac{S}{\hbar m} \left(\frac{1}{4\pi} \right)^2 \frac{1}{2} \int \frac{|M|^2}{|\vec{p}_2||\vec{p}_3|} \times \delta(mc - |\vec{p}_2| - |\vec{p}_3|) \delta^3(-\vec{p}_2 - \vec{p}_3) d^3(\vec{p}_2) d^3(\vec{p}_3) \end{aligned}$$

- vii. Now we can use the $\delta^3(-\vec{p}_2 - \vec{p}_3)$ to replace \vec{p}_3 with $-\vec{p}_2$ (which reflects conservation of momentum)

$$\Gamma = \frac{S}{2(4\pi)^2 \hbar m} \int \frac{|M|^2}{|\vec{p}_2|^2} \delta(mc - 2|\vec{p}_2|) d^3(\vec{p}_2)$$

viii. Recall that $|M|^2$ is a function of $|\vec{p}_2|$ (since it is a scalar)

ix. Switching to spherical coordinates

$$d^3\vec{p}_2 = |\vec{p}_2|^2 d|\vec{p}_2| d\Omega; \int d\Omega = \int \sin\theta d\theta d\phi = 4\pi$$

$$\begin{aligned}\Gamma &= \frac{S}{32\pi^2\hbar m} 4\pi \int_0^\infty \frac{|M|^2}{|\vec{p}_2|^2} |\vec{p}_2|^2 \delta(mc - 2|\vec{p}_2|) d|\vec{p}_2| \\ &= \frac{S}{8\pi\hbar m} \int_0^\infty |M|^2 \delta(mc - 2|\vec{p}_2|) d|\vec{p}_2|\end{aligned}$$

x. Using the identity $\delta(kx) = \frac{1}{|k|} \delta(x)$, we find that

$$\delta(mc - 2|\vec{p}_2|) = \frac{1}{|-2|} \delta\left(\frac{-mc}{2} + |\vec{p}_2|\right) = \frac{1}{2} \delta\left(|\vec{p}_2| - \frac{mc}{2}\right)$$

where

$$x = mc - 2|\vec{p}_2|$$

$$k = -2$$

xi. Then

$$\begin{aligned}\Gamma &= \frac{S}{8\pi\hbar m} \int_0^\infty |M|^2 \frac{1}{2} \delta\left(|\vec{p}_2| - \frac{mc}{2}\right) d|\vec{p}_2| \\ &= \frac{S}{16\pi\hbar m} \int_0^\infty |M|^2 \delta\left(|\vec{p}_2| - \frac{mc}{2}\right) d|\vec{p}_2| \\ &= \frac{S}{16\pi\hbar m} |M|^2\end{aligned}$$

with

$$\vec{p}_3 = -\vec{p}_2$$

$$|\vec{p}_2| = \frac{mc}{2}$$

e. Example 6.6

i. General case of Example 6.5, where outgoing particles have mass

ii. Amplitude is given

iii. Again, rewrite delta function using the fact that $E_1 = mc^2$ and $\vec{p}_1 = \vec{0}$

$$p_1 = \left(\frac{E_1}{c}, \vec{0} \right) = \frac{mc^2}{c} = mc$$

$$p_2 = \left(\frac{E_2}{c}, \vec{p}_2 \right)$$

$$p_3 = \left(\frac{E_3}{c}, \vec{p}_3 \right)$$

$$\delta^4(p_1 - p_2 - p_3) = \delta\left(mc - \frac{E_2}{c} - \frac{E_3}{c}\right) \delta^3(-\vec{p}_2 - \vec{p}_3)$$

iv. But now, $m_2, m_3 \neq 0$

$$E^2 = p^2 c^2 + m^2 c^4$$

$$\frac{E_2}{c} = \sqrt{p_2^2 + m_2^2 c^2}$$

$$\frac{E_3}{c} = \sqrt{p_3^2 + m_3^2 c^2}$$

$$\delta\left(mc - \frac{E_2}{c} - \frac{E_3}{c}\right) = \delta\left(mc - \sqrt{p_2^2 + m_2^2 c^2} - \sqrt{p_3^2 + m_3^2 c^2}\right)$$

v. The decay rate is then

$$\Gamma = \frac{S}{\hbar m_1} \left(\frac{c}{4\pi} \right)^2 \frac{1}{2} \int \frac{|M|^2 \delta(m_1 c - \sqrt{p_2^2 + m_2^2 c^2} - \sqrt{p_3^2 + m_3^2 c^2}) \delta^3(-\vec{p}_2 - \vec{p}_3) d^3(\vec{p}_2) d^3(\vec{p}_3)}{\sqrt{p_2^2 + m_2^2 c^2} \sqrt{p_3^2 + m_3^2 c^2}}$$

vi. Solving the \vec{p}_3 integral as before by replacing \vec{p}_3 with $-\vec{p}_2$

$$\Gamma = \frac{S}{\hbar m_1} \left(\frac{c}{4\pi} \right)^2 \frac{1}{2} \int \frac{|M|^2 \delta(m_1 c - \sqrt{p_2^2 + m_2^2 c^2} - \sqrt{p_2^2 + m_3^2 c^2}) d^3(\vec{p}_2)}{\sqrt{p_2^2 + m_2^2 c^2} \sqrt{p_2^2 + m_3^2 c^2}}$$

vii. $|M|^2$ is a function of $|\vec{p}_2|$ and introducing spherical coordinates gives us

$$\begin{aligned} \Gamma &= \frac{S}{\hbar m_1} \left(\frac{c}{4\pi} \right)^2 \frac{4\pi}{2} \int_0^\infty \frac{|M|^2 \delta(m_1 c - \sqrt{p_2^2 + m_2^2 c^2} - \sqrt{p_2^2 + m_3^2 c^2}) |\vec{p}_2| d(\vec{p}_2)}{\sqrt{p_2^2 + m_2^2 c^2} \sqrt{p_2^2 + m_3^2 c^2}} \\ &= \frac{S c^2}{8\pi \hbar m_1} \int_0^\infty \frac{|M|^2 \delta(m_1 c - \sqrt{p_2^2 + m_2^2 c^2} - \sqrt{p_2^2 + m_3^2 c^2}) |\vec{p}_2| d(\vec{p}_2)}{\sqrt{p_2^2 + m_2^2 c^2} \sqrt{p_2^2 + m_3^2 c^2}} \\ &= \frac{S c^2}{8\pi \hbar m_1} \int_0^\infty \frac{|M|^2 \delta(m_1 c - \sqrt{\rho^2 + m_2^2 c^2} - \sqrt{\rho^2 + m_3^2 c^2}) \rho^2 d\rho}{\sqrt{\rho^2 + m_2^2 c^2} \sqrt{\rho^2 + m_3^2 c^2}} \end{aligned}$$

$$\rho = |\vec{p}_2|$$

viii. Making a change of variable and define E (representing the total energy of the outgoing particles) to be

$$E \equiv c\left(\sqrt{\rho^2 + m_2^2 c^2} + \sqrt{\rho^2 + m_3^2 c^2}\right)$$

We can find dE by

$$\begin{aligned} dE &= c(\rho^2 + m_2^2 c^2)^{1/2} + c(\rho^2 + m_3^2 c^2)^{1/2} d\rho \\ &= \frac{c}{2}(\rho^2 + m_2^2 c^2)^{-1/2} \cdot 2\rho + \frac{c}{2}(\rho^2 + m_3^2 c^2)^{-1/2} \cdot 2\rho d\rho \\ &= c\rho\left[(\rho^2 + m_2^2 c^2)^{-1/2} + (\rho^2 + m_3^2 c^2)^{-1/2}\right]d\rho \\ &= c\rho\left[\frac{(\rho^2 + m_2^2 c^2)^{1/2} + (\rho^2 + m_3^2 c^2)^{1/2}}{(\rho^2 + m_2^2 c^2)^{1/2}(\rho^2 + m_3^2 c^2)^{1/2}}\right]d\rho \\ &= \frac{E\rho}{\sqrt{\rho^2 + m_2^2 c^2}\sqrt{\rho^2 + m_3^2 c^2}} d\rho \\ \Rightarrow d\rho &= \frac{\sqrt{\rho^2 + m_2^2 c^2}\sqrt{\rho^2 + m_3^2 c^2}}{E\rho} dE \end{aligned}$$

ix. Substituting this into the decay function

$$\Gamma = \frac{Sc^2}{8\pi\hbar m_1} \int_0^\infty \frac{|M|^2 \delta(m_1 c - \sqrt{\rho^2 + m_2^2 c^2} - \sqrt{\rho^2 + m_3^2 c^2})}{\sqrt{\rho^2 + m_2^2 c^2}\sqrt{\rho^2 + m_3^2 c^2}} \rho^2 d\rho$$

$$\delta(m_1 c - \sqrt{\rho^2 + m_2^2 c^2} - \sqrt{\rho^2 + m_3^2 c^2}) = \delta\left(m_1 c - \frac{E}{c}\right)$$

$$\begin{aligned} \Gamma &= \frac{Sc^2}{8\pi\hbar m_1} \int_{(m_2+m_3)c^2}^\infty \frac{|M|^2 \delta\left(m_1 c - \frac{E}{c}\right)}{\sqrt{\rho^2 + m_2^2 c^2}\sqrt{\rho^2 + m_3^2 c^2}} \rho^2 \frac{\sqrt{\rho^2 + m_2^2 c^2}\sqrt{\rho^2 + m_3^2 c^2}}{E\rho} dE \\ &= \frac{Sc^2}{8\pi\hbar m_1} \int_{(m_2+m_3)c^2}^\infty |M|^2 \frac{\rho}{E} \delta\left(m_1 c - \frac{E}{c}\right) dE \end{aligned}$$

x. Using the identity $\delta(kx) = \frac{1}{|k|}\delta(x)$, we find that

$$\delta\left(m_1 c - \frac{E}{c}\right) = c\delta(E - m_1 c^2)$$

where

$$x = m_1 c - \frac{E}{c}$$

$$k = -\frac{1}{c}$$

xi. Then

$$\begin{aligned} \Gamma &= \frac{S}{8\pi\hbar m_1} \int_{(m_2+m_3)c^2}^\infty |M|^2 \frac{\rho c}{E} \delta(E - m_1 c^2) dE \\ &= \frac{S\rho_0 |M|^2}{8\pi\hbar m_1^2 c}; m_1 > m_2 + m_3 \end{aligned}$$

- xii. If $m_1 < m_2 + m_3$, then $\Gamma = 0$. This records the fact that a particle cannot decay into heavier secondaries. Also, ρ_0 is the value of ρ for which $E = m_1 c^2$ and

$$\rho_0 = \frac{c}{2m_1} \sqrt{m_1^4 + m_2^4 + m_3^4 - 2m_1^2 m_2^2 - 2m_1^2 m_3^2 - 2m_2^2 m_3^2}$$

- xiii. This tells us that ρ_0 is the particular value of $|\vec{p}_2|$ that is consistent with conservation of energy
- xiv. Ultimately, we find that

$$\Gamma = \frac{S|\vec{p}|M^2}{8\pi\hbar m_1^2 c}$$

where $|\vec{p}|$ is the magnitude of either outgoing momentum and the amplitude is evaluated at the momenta required by conservation laws.

- xv. Note that if $m_2 = m_3 = 0 \Rightarrow |\vec{p}| = \frac{m_1 c}{2}$ and we recover the result from Example 6.5